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E-PULSE NEWSLETTER OF ST. MARK OCEAN PARK FEBRUARY 27, 2022

<u>Vestry is Sunday, February 27, at 11:30 am via Zoom.</u> You will find the Eventbrite link to register, the Agenda, the Vestry Nominations Committee report, the 2021 Annual Vestry Report and the Vestry Letter on a link on the St. Mark Homepage. https://stmarkbc.org/ Please be sure to register before 11 am Sunday February 27. If you need help with your registration contact the office before noon Friday February 25 or email mhussen@gmail.com. Please be sure to update your Zoom to the latest version. You will find the latest download https://zoom.us/download. Eventbrite will send out reminders and you will receive a reminder of your Zoom link on Sunday morning. We look forward to seeing you.

SAVVY SENIORS resume meeting on Wednesday March 16 from 1-3:30pm with a Celtic party - real Celtic fiddle entertainment, quizzes, socializing and refreshments! Please register by Wednesday March 9 so we can cater appropriately and to ensure your place as numbers are limited to 40 in order to have safe distancing. All must provide proof of vaccination and wear masks except when seated with food and drink. Cost of entry is by donation. Our regular Savvy Senior Get together will resume with chat, bridge and Rummicube in the church hall Wednesday March 30 from 1-3:30pm and continue alternate Wednesdays thereafter. Contact: Sue Indridson sinder@shaw.ca 604-531-4931

<u>FOOTPRINTS TO FAITH</u> - We will be gathering in the outside chapel rain or shine so please dress appropriately. We plan to have a canopy tent in place. look forward to seeing you again. PLUS: we are in search of a used laptop with adequate processing speed to be kept on site for use by the Parish Council recording secretary. PC or Mac OS are acceptable.

<u>THE LUNCH BASKET FOR HUNGRY CHILDREN</u> – is provided this week by Irene Snow to the Glory of God and memory of my beloved husband Bill.

<u>FLOWERS FOR THE ALTAR</u> – are given today by Janet Cormode, in memory of Alex, husband, father and blessed friend.

READINGS FOR NEXT SUNDAY - March 6 - Deuteronomy 26:1-11, Psalm 91:1-2, 9-16, Roman 10:8b-13, Luke 4:1-13

PURDY'S FOR EASTER - 41550

St. Mark's Ladies Guild invites you to participate in our Purdy's Chocolates Fundraiser for Easter 2022. It's easy – just follow the instructions below to sign onto the Purdy's website to make your selections, pay online and we will deliver the products to you.

- 1. Sign in or create a new supporter account by visiting fundraising.purdys.com
- 2. If you're creating a new account, please enter our number 41550 on the registration page.
- 3. If you're signing into an account, you previously created, enter our number **41550** into the search bar that will come up after you've signed in.
- 4. Click on JOIN CAMPAIGN

....more information on other side

Paper catalogues are available in the Narthex along with order forms. The two contacts for questions or order submission are:

isabelchernoff@telus.net 604-531-6828 or lindaodee@hotmail.com 604-536-7983

IMPORTANT DATES:

Sunday, March 13 - Last day to submit orders for 2022

Sunday, March 27 - Delivery at St. Mark's or by arrangement

Thanks everyone for your support.

PRAYER CHAIN – The Coordinator for the prayer chain is Lynne Hurd. You may reach her at 604.542.2772 or by email at lynneh1@telus.net

UPCOMING WORSHIP SERVICES

Wednesday March 2 10am & 7:30pm Ash Wednesday Service

Sunday, March 6 8am Eucharist Sunday, March 6 10am Eucharist

- Hand sanitizing and social distancing are encouraged.
- The BC Provincial Health Officer has mandated that masks be worn in all public indoor spaces.
- Anyone attending our liturgies (worship services) to show proof of vaccination (double vaccinated).

WE CONTINUE TO ...

- LIVE STREAM our Sunday Worship.
- To access the online Service go to our Church's website: www.stmarkbc.org On the homepage that opens, click on the service's video, or where it says: "St Mark Online Worship Services".
- If you would like to watch or listen to some of our older services you may go into the YouTube archives through our Parish website www.stmarkbc.org and click on "St Mark Online Worship Services". Alternatively you can use these links: tinyurl.com/St-Mark-Online-Video-Channel OR https://www.youtube.com/channel/UCLHs8LO-SfLIO iOFX3hJNg

A MINISTRY OPPORTUNITY!

Would you like to add a new ministry to your life? Do you spend time each day in prayer? Would you like a ministry you are able to do from home? Please consider becoming a member of St. Mark's Prayer Chain. This is currently a group of 22 men and women who have stepped forward to pray daily for prayers requested by members of the congregation and those they care about. You will receive prayers, as they come in, via email, and will be asked to pray for each request for two weeks or longer depending on the situation. Members of the Chain sign a Confidentiality Agreement stating any information they are given through the Prayer Chain they will hold confidential, and will not discuss it with others. If this is something you feel called to, please call or email Lynne Hurd who is the current Coordinator of the chain to discuss this further. https://lynneh1@telus.net or 604-542-2772.

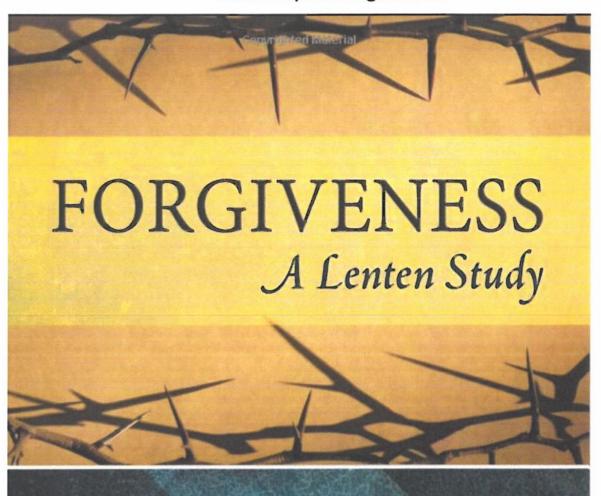
Caring for God's People & God's Earth - More good news-Milk containers now 10 cent refund each It is easy to support the Food Bank, your favourite charity or??? Set up an Express Account at a Return-it facility 140th St./ 32nd Ave at 3221 140th or 24th Ave / King George 15515 24th Ave. Rinse & flatten milk cartons & 4I jugs (best before Feb. 1/22 or later) Bottles & Cans (from Canada only) check for French under "Nutrition" Juice cartons & cans, bottles. Limit glass to limit the weight of your extra large clear plastic bag (31" x 42") so it doesn't break. At the depot print your label / put it on your bag / and leave! Payment is received by e- transfer.

Happy Saving God's Earth

A few folk at St. Mark's have been supporting PWRDF funds this way. For more info Check the **Return-it** website or with Anne Schreck after church



St Mark Ocean Park Anglican Church
A Lenten Study Mar 2, 9, 16, 23, 30, and April 6
after the 10 am Wed. Eucharist Service
Lead by Rector Reverend Billy Isenor
stmarks.op.rector@gmail.com



This book is available for purchase through Amazon.ca

MARJORIE J. THOMPSON

AUTHOR OF THE BEST-SELLING



St Mark's Family, Youth and Children's Time continues its study of Luke:

- Feb 27. Luke 9:37-43 Jonathan and his Sister Saphira learn about Jesus' healing grace.
- March 6. Luke 4: 1-13 Naomi and Ruth Are Tempted
- March 13. Luke 13:31-35 Jesus calls us in like a mother hen
- March 20. Luke 13: 1-9 Ruth and Naomi learn about the fig tree from Jesus

Subscribe to our youtube channel https://www.youtube.com/channel/UCLHs8L0-SfLI0_i0FX3hJNg or follow the link from our webpage. http://stmarkbc.org/

WANT TO BE INCLUDED IN SUNDAY INTERCESSIONS? If so please contact the Office at 604.535.8841 OR call or email Michael Klaver: 604.541.9598 klaverfamily@shaw.ca

THE LUNCH BASKET FOR HUNGRY CHILDREN provides funding for lunches to five single Mothers and nine children. Please help support these families by choosing a 2022 date (see chart below) to support these families and have a dedication in the weekly Pulse. Email or phone Darlene W. or Barb G. with your dedication. The suggested donation of \$60 can be made by e-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

March 6	Chris and Leslie Ann Hebb
March 13	
March 20	
March 27	

THANK YOU TO THOSE WHO HAVE MADE DONATIONS FOR OUR FLOWERS

Due to the Season of Lent there will be no flowers for the month of March or the first two Sundays in April. However, if you would like to look ahead and have flowers on the Altar in late April OR the month of May, please see the chart below. If you would like to offer flowers for the sanctuary for the dates listed, in Memory of a Loved One, in Thanksgiving for a birthday or Anniversary, we would very much appreciate it. The Altar Guild is willing to purchase the flowers and have them arranged.

Please contact Kathryn Smith at 604-560-1455 or e-mail hkmasmith@shaw.ca

No Flowers i	in Lent – Lent Begins Sun. March 6
April 17	Brenda Horner
April 24	Maggie Ferguson
May 1	Kathryn Smith
May 8	
May 15	Bea Ross
May 22	
May 29	



<u>Greetings! As PWRDF's Creation Care: Climate Action</u> education focus moves into its second year, now centering on gender, we have invited three women who participated in COP26 to enter into a Lenten conversation. Our resource begins on the first Sunday in Lent, March 6, 2022 and goes until Easter Eve, April 16, as follows:

- Sundays & Mondays The Rev. Alecia Greenfield (Church of the Holy Cross, Vancouver)
- Tuesdays & Wednesdays Stephanie (Taddy) Stringer (PWRDF Montreal)
- Thursdays & Fridays Karri Munn-Venn (Senior Policy Analyst with Citizens for Public Justice, Ottawa)
- Saturdays Take a Sabbath Rest with a PWRDF story

Each day our writers invite you to read their selected scripture, reflect and pray with them. Subscribe below to receive the daily reflections in your inbox and deepen your connection with PWRDF. Learn more about the resource at pwrdf.org/Lent2022

The resource will also be available March 1 to download as a PDF, for those who wish to view it in its entirety.

World Day of Prayer 2022 - Virtual Service - Friday March 4, 2022

World Day of Prayer is a day for Christians from over 170 countries to come together in spirit, uniting on a common day to pray for relevant issues affecting women and children. Each year, since 1927, a different host country has prepared the content of the World Day of Prayer service, highlighting its country's culture and regional justice issues. The 2022 service was written by the England, Wales and Northern Ireland World Day of Prayer Committee and adapted for use in Canada by the Women's Inter-Church Council of Canada. Viewers from all over the country will be able to virtually unite in prayer and action.

Pandemic restrictions do not allow Mount Olive Lutheran Church, the local Coordinator for this year, to hold an actual Service. An excellent online Service by the Women's Inter-Church Council of Canada is available below. World Day of Prayer is designated as March 4th this year, and we hope you will be able to watch the service on this day.

This year's theme, "I Know the Plans I Have for You", is based on Jeremiah 29:1-14.

During the last two years, people of the world have been suffering the COVID epidemic, floods, fire, wind, poverty, hunger, fear and loneliness. We can be reassured by Jeremiah's word and learn that we have hope for the future too.

Please consider a World Day of Prayer offering to the Women's Inter-Church Council of Canada (WICC). Information is available during the online Service and on the website wicc.org. (Above information taken from the Women's Inter-Church Council of Canada's website.)